Embodied Support for you

Coming out (or not) in the midst of purity culture and conservative values can be dangerous. Maybe you've already taken this journey, maybe you never will. We are here to support and validate you and seek to provide this safe space for others like you.



Tuesday nights

6:30-7:30pm Virtual meeting







Health at Every Size aligned & Fat Positive



Register now

alison@bodybeautybravery.com



